

Information For the User  
Telmisartan 40mg + Amlodipine 5mg + Chlorthalidone 6.25mg

# Telbolife ACH 6.25 Tablet

**Brand Name:** Telbolife ACH 6.25 Tablet

**Dosage Form:** Tablet

**Therapeutic Category:** Antihypertensive Combination

## Composition:

Each uncoated tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Amlodipine Besylate I.P.** – 5 mg
- **Chlorthalidone I.P.** – 6.25 mg

## Description:

**Telbolife ACH 6.25 Tablet** is a fixed-dose combination of **Telmisartan**, **Amlodipine**, and **Chlorthalidone**, formulated to manage **hypertension** effectively.

- **Telmisartan:** An **angiotensin II receptor blocker (ARB)** that helps relax blood vessels and reduce blood pressure.
- **Amlodipine:** A **calcium channel blocker (CCB)** that relaxes and widens the blood vessels, contributing to the reduction of blood pressure.
- **Chlorthalidone:** A **thiazide-like diuretic** that helps eliminate excess salt and water from the body, aiding in the lowering of blood pressure.

## Indications:

- **Essential hypertension:** For the treatment of high blood pressure in adults.
- **Cardiovascular protection:** Reduces the risk of **stroke**, **heart failure**, and other complications associated with hypertension.

## Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** Can be taken with or without food. It is recommended to take at the same time each day for consistent results.
- **Dose Adjustment:** The dosage can be adjusted based on the patient's response to treatment and tolerability.

## Contraindications:

- Known hypersensitivity to any component of the formulation.
- **Severe renal impairment** or **anuria**.
- **Pregnancy** and **breastfeeding**.
- **Hypersensitivity** to sulfonamide-derived drugs (for Chlorthalidone).

## Precautions:

- **Renal Function:** Periodic monitoring of renal function is recommended for patients with kidney impairment.
- **Electrolyte Imbalance:** Monitor for changes in **potassium**, **sodium**, and **creatinine** levels due to the diuretic effect of **Chlorthalidone**.
- **Hypotension:** Use with caution in patients with **volume depletion**.
- **Liver Dysfunction:** Caution in patients with impaired liver function; monitor liver enzymes regularly.

#### Adverse Effects:

- **Common:** Dizziness, fatigue, swelling (edema), headache, palpitations, and flushing.
- **Serious: Renal dysfunction, electrolyte imbalances** (hypokalemia, hyperkalemia), **gout, orthostatic hypotension**, and allergic reactions.

#### Storage:

- Store below **25°C** in a cool, dry place.
- Keep away from light and moisture.
- Keep out of the reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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